

workshop syllabus

QUICK + SIMPLE CLUTTER CONTROL

Lesson 1: Understanding Clutter + How to Control It

Lesson 1 will lay the foundation for the overall workshop. The process of how to declutter and the philosophy behind it will be discussed. With an understanding of what clutter is, you'll begin defining clutter in your own terms. You'll learn about your "clutter threshold" and how this concept can help you feel comfortable and happy living in your home. By taking a tour of your home to uncover your clutter hotspots, you'll become a *clutter detective*. You'll learn how to tackle surface clutter using a simple process. Finally, the concept of taking action against your clutter every single day will be introduced.



Lesson 2: Quick + Simple Clutter Control Projects + Habits

Lesson 2 will present projects to help you control the clutter in your home, and you'll take the action necessary to create change. You'll learn how to create "clutter catchers"—an effective solution for conquering clutter—and mini zones. You'll learn how to simplify your systems, slow the inflow of "stuff" into your home, and speed up the outflow. The lesson concludes with a quick overview about how to use containers to keep clutter at bay and the power of labeling. Each concept or project includes simple action steps, making it quick and easy to incorporate these clutter control ideas into your home and life.



Post Workshop Week

Our final week together is a lesson-free week. This week provides an opportunity to catch up on the workshop if necessary, as well as to continue taking action on the lesson concepts while creating your new clutter control habit with the support of the online community still available to you.

To be notified when this workshop is available please consider joining our [workshop notification list](#).

